

of course, the tale of Snow White contains seven of them! These short people have gone on to capture the imaginations of people all across the world, and feature in literature, film, theatre and real life as well.

Real Dwarfs

A dwarf is usually classed as a person who is less than 4'8" (157cm) as an adult. The correct term (depending on preference) is 'dwarf', little person' or 'person of short stature'. The word 'midget' was used many years ago, but nowadays, it is offensive term to many little people. The shortest known person in history was Chandra Bahadur Dangi, of Nepal, who died in 2015, aged 76. He was 21.51 inches tall (less than two feet!)

The Lord of the Rings and Tolkien

The dwarves (this is how Tolkien spelt 'dwarfs') of the Middle-Earth are shorter and stockier than Men or Elves, and they could withstand heat and cold. Like many dwarves in folklore, they were great miners, blacksmiths and craftsmen, and lived much longer then Men. The 13 companions of Bilbo Baggins in The Hobbit are all dwarves, led by the mighty Thorin Oakenshield.

Dwarfs in Norse Mythology

The dwarfs of the Norsemen are known as the Svartálfar ('black elves') and resemble old men with long beards. The greatest craftsmen of all, it was the dwarfs Eitri and Brokkr who create Thor's mighty hammer, Mjölnir.

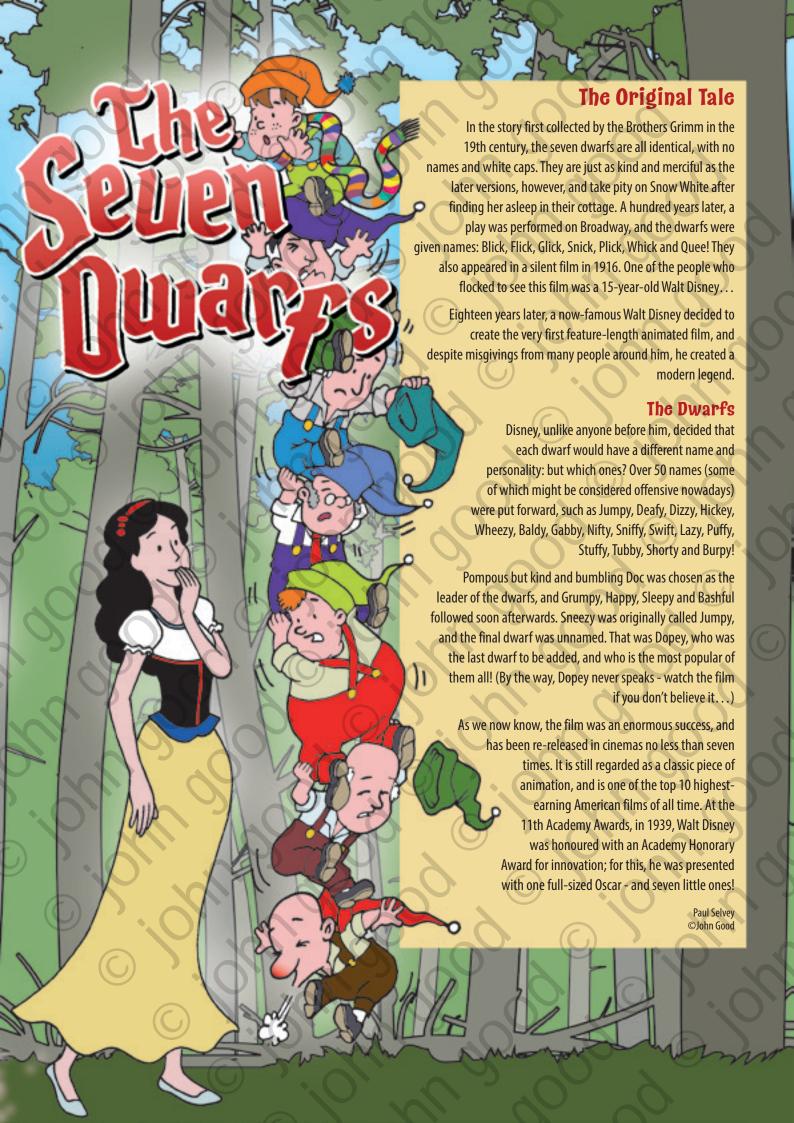
Munchkins

In The Wizard of Oz, the little people are known as Munchkins, and they all live in Munchkin Country. In the books, they are said to only wear the colour blue, and they wear hats almost as tall as themselves, with a silver bell at the tip. The main city in Munchkin Country contains the start of the Yellow Brick Road.

Oompa-Loompas

These inhabitants of Loompaland (a very dangerous place, full of vicious predators) were employed as workers by the amazing Willy Wonka, who paid them in their favourite food, cocoa beans. A generally happy and wise people, they are fond of practical

jokes and singing: "Oompa-loompa, dippety-doo, they'll sing a song if something happens to you".





Change one letter at a time, to get from HEART to TEARS

You

Hair on a man's chin

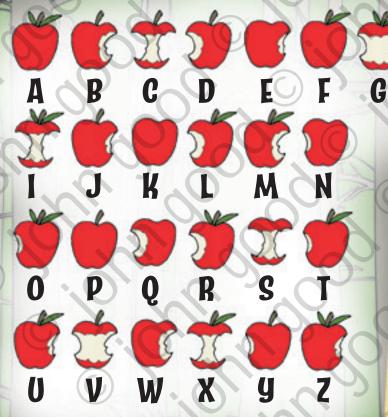
You pin notes on this

Big animals that love honey

Wild pigs!

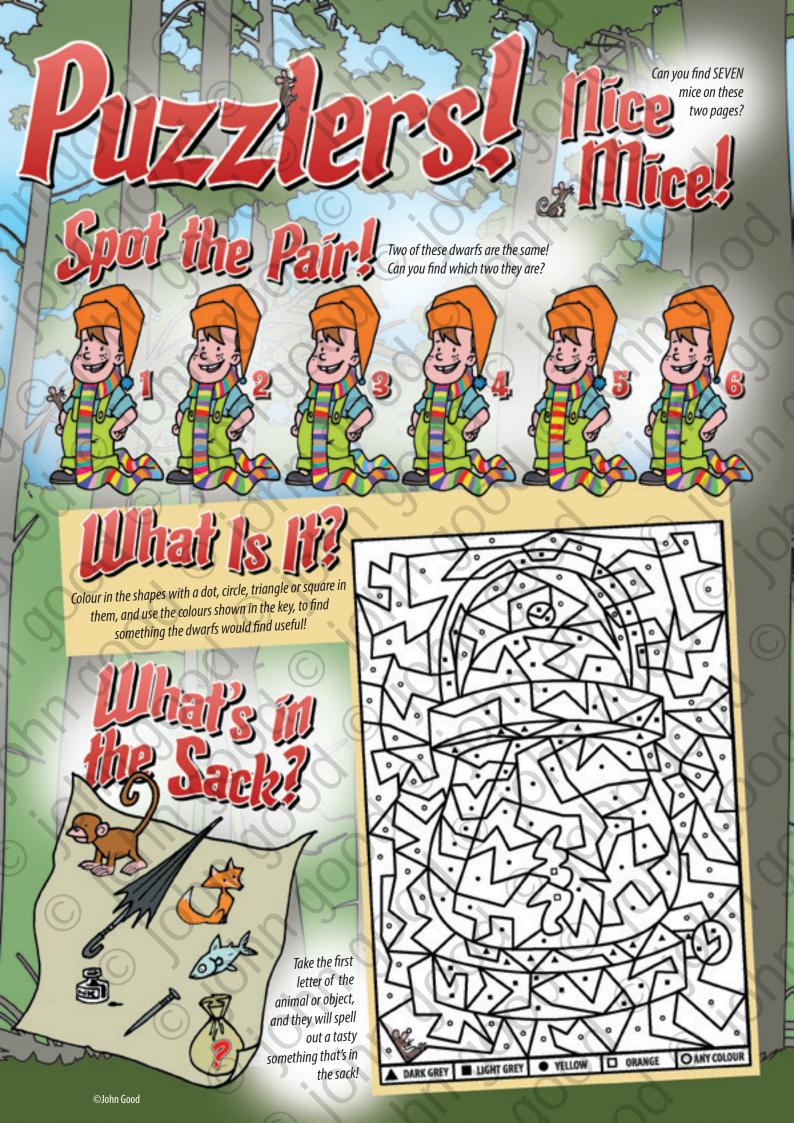
Join up the dots to see what's living under the ground in the dwarfs' mine!

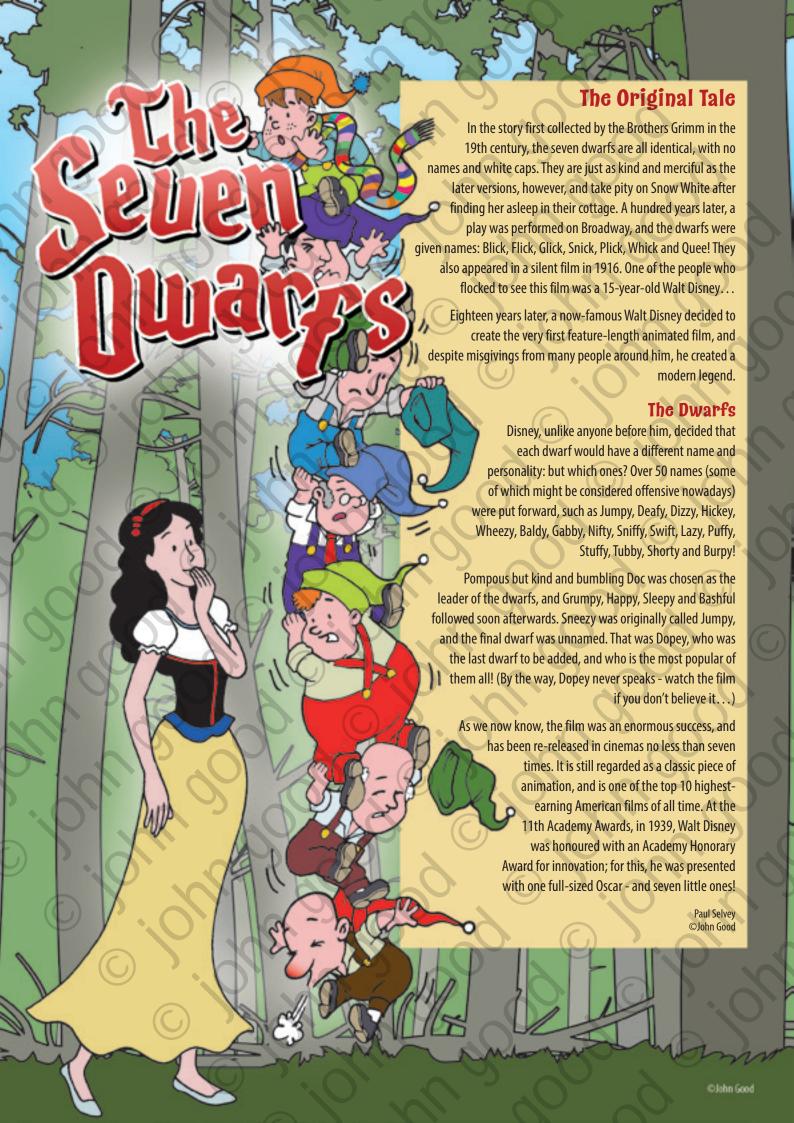
TEARS

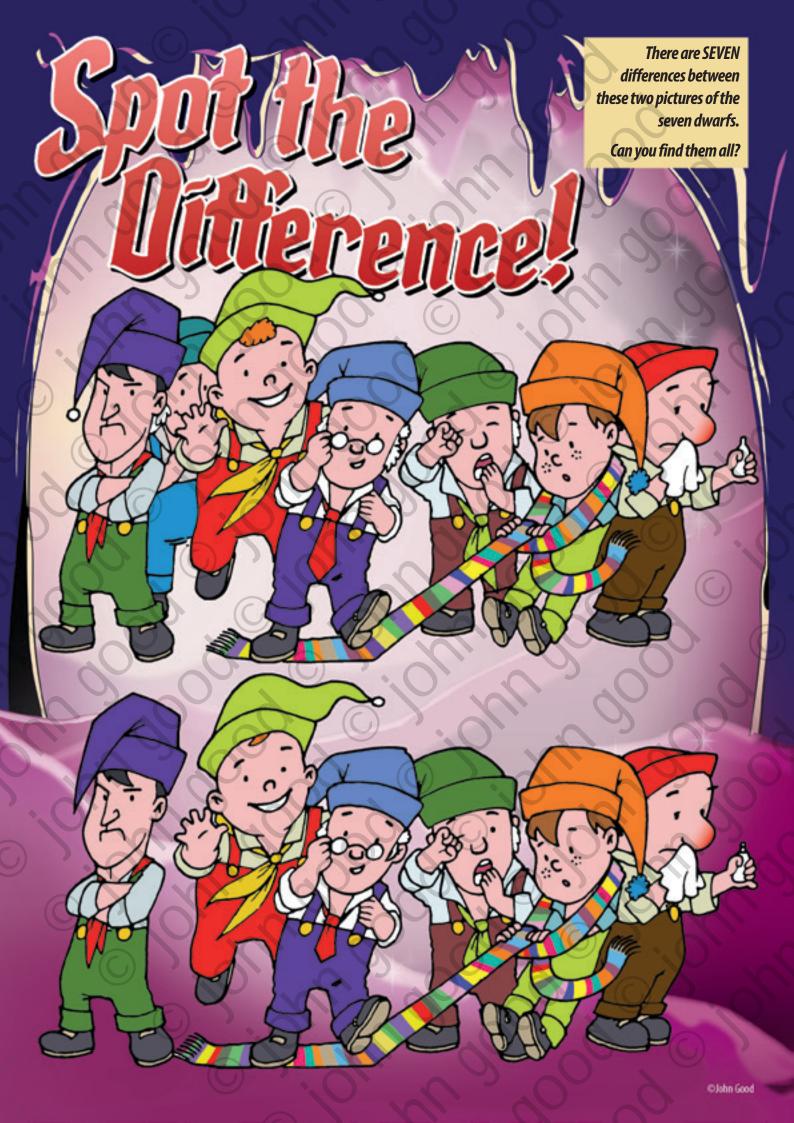


Can you find out what the hidden message is?











Snow White cooks cakes for the dwarfs using this simple recipe!

Ingredients

100g (4 oz) self-raising flour 100g (4 oz) soft margarine

100g (4 oz) caster sugar

One cup of icing sugar

Two eggs

Some small paper cake cases

Serves eight

Instructions

1. Place all the ingredients in a large bowl and mix for about two to three minutes until well-mixed together.

2. Put the cake cases on a baking tray. Spoon a tablespoon of the mixture into each of the cake cases.

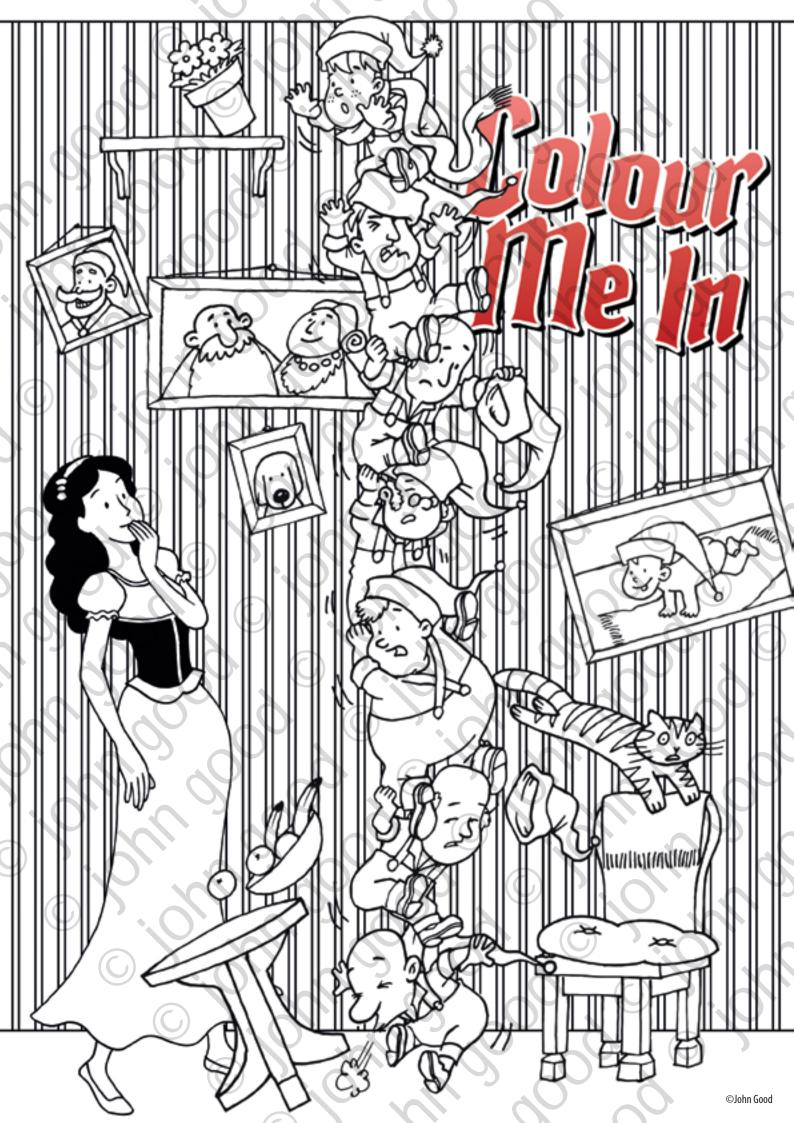
3. Bake for about 15-20 minutes at 180°C (350°F).

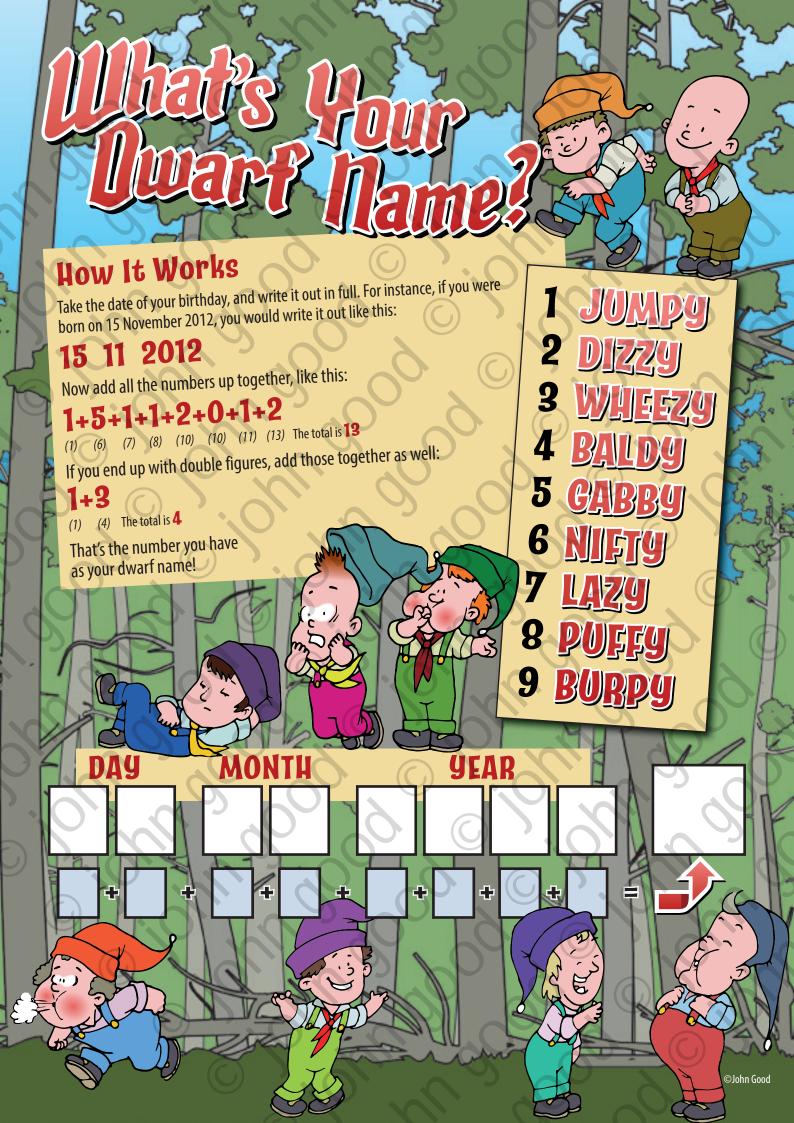
4. Remove the cakes from the oven and allow them to cool.

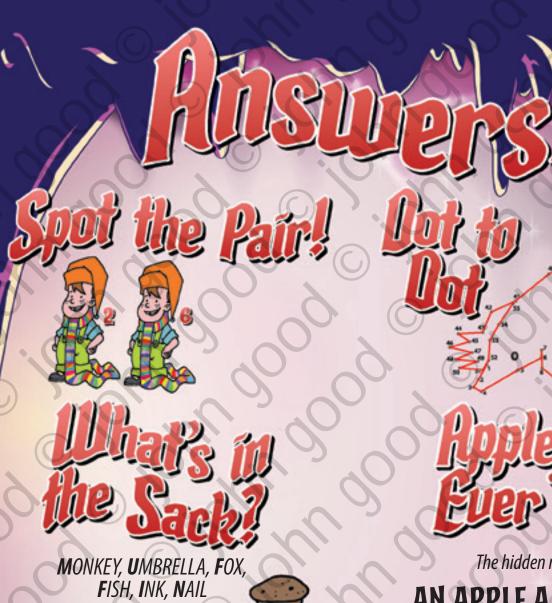
5. Mix some icing sugar with a little water to make a thick paste.

6. Decorate the cakes with the icing (and yummy things like sprinkles, small sweets, nuts or raisins).

7. Eat them (don't forget to share them with your friends!).













The hidden message is:

AN APPLE A DAY KEEPS THE DOCTOR AWAY

